



Car Kit

When an earthquake or other emergency occurs, you may not be at home. Keeping these items in a backpack in your car will make you more comfortable and help you be prepared for the hectic hours ahead. They're also useful during non-emergency situations!

Emergency Supplies to Keep in Your Car

- Antibacterial Wipes
- Battery Radio & Batteries
- Deodorant
- Dollars & Quarters (\$100 in \$0.25, \$1, & \$5 increments)
- Dust Mask (N95)
- Eyeglasses
- Family Photo
- First Aid Book
- First Aid Kit with sunscreen
- Flashlight & Batteries
- Goggles
- Heat Pak/Cold Pak
- Insurance Info
- Leatherman / multi tool
- Light sticks
- Lip Balm
- Manual Can Opener
- Matches
- Medical Gloves
- Old Clothes
- Phone Numbers
- Plastic Bags
- Prescription Meds
- Rain Poncho
- Shampoo & Comb
- Snacks
- Space Blanket
- Sturdy Shoes
- Tissue
- Toilet Paper
- Toothbrush & paste
- Upset Stomach Medicine
- Vitamin C
- Water (1 gallon/day)
- Whistle
- Work Gloves

* Note- make sure your home kit accounts for the special needs of ALL family members i.e. babies (diapers, sanitation supplies, formula, food, bottles, comfort gear, toys, treats) & pets (leash, muzzle, food, water, water dish, ID tags, toys, treats, photo, litter pan, litter, medical information)

Explanation of items

Antibacterial Wipes	Keep hands clean and conserve water
Battery Radio	Keep informed when power is out and you leave your car
Deodorant	Aid comfort in stressful situations
Dollars & Quarters	ATMs may not work. Businesses can require cash payments and have minimal change. Pay phones will be useable before residential phones
Dust Mask (N95)	Minimize inhaling dust after an earthquake
Eyeglasses	Keep an old pair of glasses available in case yours are lost or damaged
Family Photo	Help other to locate your family members
First Aid Book	Assist with first aid treatment

First Aid Kit	Treat minor injuries
Flashlight & Batteries	Power may be out- keep batteries in original package
Goggles	Protect eyes from dust and debris
Heat Pak/Cold Pak	Warmth/cool for injury treatment
Insurance Information	Keep a duplicate copy with you in case you can't get back in your house
Leatherman/Multi-use Tool	Multi use tool for most situations
Light sticks	In case batteries don't work...lightsticks give up to 12 hours of light
Lip Balm	Keep lips healthy
Manual Can Opener	To open canned food
Matches	Waterproof matches in a container but not to be used if natural gas is present. Cooking fires, lanterns
Medical Gloves	Bacteria protection while giving first aid
Old Clothes	Comfort and protection from elements
Phone Numbers	Out of area contact who can relay information to other family members. Local area codes will be blocked. School emergency contact and copies of ID
Plastic Bags	Disposal of waste products
Prescription Medications	Keep at least a three day supply with you
Rain Poncho	Protection from rain
Shampoo & comb	If you have the opportunity to freshen up
Snacks	Provide nourishment while trying to get home
Space Blanket	Light weight, compact, will keep you warm
Sturdy Shoes	Protect feet from broken glass, nails, etc.
Tissue	Multi use product
Toilet Paper	In case you're stranded!
Toothbrush & Paste	You may not get home for a while
Upset Stomach Meds	Relief in case you eat bad food or water
Vitamin C	Promote health in stressful situations
Water	At least one gallon in your car...replace every 6 months
Whistle	Provide a means to call for help
Work Gloves	Protect hands from glass and other hazards

Include anything else that will make you more comfortable!